LIVE JESUS
MINISTRIES

**LJM TOP TWELVE (TT5)**
What Is True?

# PRAY

**Start** by utilizing the **PRAY** step of your mentor training.

---

# CONNECT

## Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- *What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)*
- *What's something you want us to **pray for** today? (Write down intentions to pray for at the end)*

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

---

# DISCUSS

## Content References

- **John 14:6 –** "Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me.'"
- **Philippians 4:8 –** "Whatever is true, whatever is honorable, whatever is just... if there is any excellence... think about these things."
- **CCC 2466 –** "In Jesus Christ, the whole of God's truth has been made manifest."
- **St. Maximilian Kolbe –** "No one in the world can change Truth. What we can do and should do is to seek truth and to serve it when we have found it."

---

## Discussion Questions

**Q1: How do you personally go about deciding if something is true or not?**

- If your truth is different from someone else's truth, how do you determine what is true?
- How do our emotions, culture, and conscience fit into our search for truth?

  💡 *Mentor Tip: This allows one to wrestle with the idea of objective truth versus relativism, using the Church's tools for discernment rooted in faith and reason.*

---

**Q2: Jesus said "I Am the Way, the Truth, and the Life." How can Jesus make that claim?**

- Should this claim affect the way you seek truth?
- What role might Scripture, Tradition, and the Church play in helping us find truth?

  💡 *Mentor Tip: This question invites mentees to move from abstract concepts of truth to a personal encounter with Christ as Truth Incarnate, central to Catholic belief.*

---

**Q3: If living the truth sometimes means being misunderstood, rejected, or going against the crowd, why is it still worth it?**

- Can you think of a person who lived in this way?
- What does the cross teach us about the cost and power of truth?
- Have you ever faced a moment where you had to stand up for the truth?

  💡 *Mentor Tip: This leads to connecting truth with sacrifice and witness, grounding the pursuit of truth in love and courage, especially in a world that often promotes comfort over conviction.*

---

## Cornerstone Statement

As Catholic disciples, we believe that truth is not found in a concept, but a Person — Jesus Christ. To seek truth is to seek Christ — and to live in truth is to follow Him, no matter the cost.

---

# COMMIT

- Watch "Lee Strobel - The Case for Christ Passion City Church" on YouTube.

**Close in prayer.** (Pray for the intentions spoken earlier. Have each person pray for the person next to them, etc)