



LIVE JESUS MINISTRIES

LJM TOP TWELVE (TT4) Can I Trust God?

PRAY

Start by utilizing the **PRAY** step of your mentor training.

CONNECT

Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)
- What's something you want us to **pray for** today? (Write down intentions to pray for at the end)

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

DISCUSS

Content References

- **CCC 166** – Faith is a personal act—the free response of the human person to the initiative of God.
 - **Proverbs 3:5–6** – "Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths."
 - **Psalm 9:10** – "Those who know your name trust in you; you never forsake those who seek you, Lord."
 - **St. Alphonsus Liguori** – "He who trusts himself is lost. He who trusts in God can do all things."
 - **St. Faustina Kowalska** – "Jesus, I trust in You."
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Discussion Questions

Q1: What does it mean to trust someone, and how do you decide if they are worthy of that trust?

- Who is someone in your life that you have been able to trust? Why can you trust them?
- Has anyone ever broken your trust? How did that make you feel?
- How might human trust apply or impact how we trust God?

 *Mentor Tip: Many people distrust God because a person has lost their trust, not God.*

Q2: Would you consider God to be trustworthy? Can you think of a time that you trusted God and He came through?

- Why is it so important to remember the times that God has been faithful?

 *Mentor Tip: One of the biggest tactics that the Devil uses is to get us to forget God's faithfulness. Remember, if God has been faithful before, He will be faithful again.*

Q3: Are there areas of your life that you struggle to trust God with?

- Are there areas of your life that you trust God with?
- What role does the gift of faith play in a person's ability to trust God?

 *Mentor Tip: Allow them to be brutally honest with their answer. If they don't trust God, they can ask God for the gift of faith.*

Q4: If Jesus is truly who the Church proclaims Him to be, what are some reasons that people would still refuse to trust Him?

- What might be holding you back from fully trusting in God, and how can we as a group help with that?

 *Mentor Tip: This would be a great place to insert your own short testimony of a time you needed to trust God.*

Cornerstone Statement

Trusting in God is rooted in the reality that He is good, faithful, and loving; in other words, He is who He says He is. If you are finding it difficult to trust God, ask for an increase of the gift of faith.

COMMIT

- Pray daily for an increase of the gift of faith.

Close in prayer. (Pray for the intentions spoken earlier. Have each person pray for the person next to them, etc)