



LIVE JESUS MINISTRIES

LJM TOP TWELVE (TT10)

How Do I Grow A Deep Relationship With God?

PRAY

Start by utilizing the **PRAY** step of your mentor training.

CONNECT

Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)
- What's something you want us to **pray for** today? (Write down intentions to pray for at the end)

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

DISCUSS

Content References

- **Philippians 4:6** – “By prayer and petition, with thanksgiving, make your requests known to God.”
 - **Catechism of the Catholic Church (CCC) 2558-2567** – Prayer is a response to God's love at work in us.
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Discussion Questions

Q1: How many of you have been told you should have a relationship with God, but feel lost on how to go about creating one?

- Has anyone ever told you why **they** have a relationship with God? If so, what have they told you?
- What is one reason **YOU** personally would want to have a relationship with God?

💡 *Mentor Tip: Invite honesty. Acknowledge confusion or past frustrations.*

Q2: How would you explain what prayer is to someone? Do you believe in your own definition?

- Can you remember a time when you felt God was trying to get your attention? How did you respond?
💡 *Mentor Tip: Explain that prayer is always a response to God's initiative of love for us. Even the desire to pray comes from Him (CCC 2567). Remind the group: God is already reaching out—our part is learning how to respond.*
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Q3: Our relationship with God (our prayer life) revolves around communication. In what ways do you find yourself trying to communicate with God?

- Introduce this simple **daily prayer formula** used all over scripture and in the lives of the saints.
 - **Praise God** (Prayers of Praise: Declare/Bless God for who He is - Divine Praises - Psalm 139:14)
 - **Thank God** (Prayers of Thanksgiving: Thank God for all things, big and small, personal, and universal)
 - **Tell God You're Sorry** (Prayers of Reconciliation: Examination of Conscience. Seek mercy)
 - **Ask God** (Prayers of Petition: Bring your petitions and others' intentions before Him.)

💡 *Mentor Tip: The goal of the prayer formula is to do it daily. How long you do it is not as important. Praise seems to be the most difficult step for most, yet it may be the most important. Use the formula in the order it is given, don't jump to petition first.*

Q4: What attitudes (dispositions) and habits (disciplines) do you think are helpful when trying to strengthen your relationship with God?

- What's one attitude or habit you want to work on most in your relationship with God right now?

💡 *Mentor Tip: (**Humility**: living in self truthfulness/honesty – keeps us mindful of who we are and who God is.*

***Consistency**: keeps us connected to the gift of God's daily graces. **Gratitude**: prevents a consumer mentality. **Contrition**: for the wrongs we have done. **Reliance/Dependance**: For everything we need.)*

Cornerstone Statement

We are created for relationships, above all, a relationship with God. This relationship develops and deepens through communication, which requires time, consistency, and trust.

COMMIT

- Send out a daily reminder in the group chat to pray with the **Prayer Formula**, if even for only two minutes.

Close in prayer. (Pray for the intentions spoken earlier. Have each person pray for the person next to them, etc.)