



LIVE JESUS MINISTRIES

LJM TOP TWELVE (TT1) Is God Good?

PRAY

Start by utilizing the **PRAY** step of your mentor training.

CONNECT

Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)
- What's something you want us to **pray for** today? (Write down intentions to pray for at the end)

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

DISCUSS

Content References

- **St. Augustine** – “God is not only good, but goodness itself.”
 - **CCC 385** – God is infinitely good and all His works are good.
 - **Jn 3:16** – “For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life.”
 - **Mark 10:18** – “No one is good but God alone.”
 - **Ps 107:1** – “Give thanks to the Lord, for he is good: his love endures forever.”
 - **1 Jn 4:8** - “God is Love.”
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Discussion Questions

Q1: Have you ever struggled with believing that “God is Good?”

- What do you think people mean when they say God is "good"?
 - How might God's goodness be different from the ways we describe people as "good"?
-  *Mentor Tip: This question invites students to define terms, distinguish between human and divine attributes, and reflect on the nature of God as goodness itself. God's goodness refers to his perfection - the fulfillment of all the attributes we as humans consider "good" (e.g. wisdom, power, love, etc.)*
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Q2: How can we truly know that God is good?

- Can you think of a situation where you encountered or questioned God's goodness?
 - If God is good, why does He allow suffering and evil—and what might that tell us about His goodness?
-  *Mentor Tip: Explore reason, experience, faith, and revelation to fully understand His goodness. This is also where you can briefly explore suffering and how the Cross and Resurrection speak into this question of God's goodness, even in the midst of suffering.*
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Q3: How can I believe that God is good in the moments when my circumstances are not?

- How do the sacraments help us remember and experience God's goodness?
 - What practices or prayers might strengthen your trust in God's goodness?
-  *Mentor Tip: The sacraments have power even in the midst of bad circumstances. These questions help bridge theology to personal discipleship and will hopefully encourage young people to reflect on their relationship with Jesus, especially through the life of the Church.*
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Cornerstone Statement

God is not only good, but goodness itself. His goodness is not dependent on any experience or circumstance in our life, but rather comes from his own perfection.

COMMIT

- This week make a note of all the good things you see/experience that reflect the goodness of God.

Close in prayer. (Pray for the intentions spoken earlier. Have each person pray for the person next to them, etc)