

LJM STARTER KIT (SK4)

How Is Your Relationship With God (Spiritual Inventory)?

PRAY

Start by utilizing the PRAY step of your mentor training.

CONNECT

Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)
- What's something you want us to pray for today? (Write down intentions to pray for at the end)

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

DISCUSS

Content Reference

- James 4:8 "Draw near to God, and He will draw near to you."
- 1 Thessalonians 5:16-18 Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.
- Colossians 3:16 "Let the word of Christ dwell in you richly... teaching and admonishing one another in all wisdom."
- CCC 2565 "Prayer is the raising of one's mind and heart to God."
- CCC 2725 "The desire for God is written in the human heart because man is created by God and for God; and God never ceases to draw man to himself."
- Matthew 22:37 "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind."
- St. John Paul II "The future starts today, not tomorrow."

Discussion Questions

Q1: What word (positive or negative) would you use to describe your relationship with God today? Why did you choose that word?

Mentor Tip: Your role is not to give direction or cast judgement, it is simply to help them take an inventory to discover where they currently stand in their relationship with God.

Q2: On a scale of 1-10, how important is your relationship with God to you right now?

- How important do you think God's relationship with you is to Him? How do we know He even cares?
- Do you wish you talked to God more in prayer? If so, what keeps you from doing so?

Q3: What's one small thing that you could do to help your relationship with God grow right now?

• How can we as a group help?

Cornerstone Statement

Growing deeper in our relationship with God is all about spending time with Him, just like any other relationship. If we don't spend intentional time with Him, He becomes an acquaintance or even worse, a complete stranger.

COMMIT

- Spend intentional time each day in prayer utilizing the following prayer formula. It's not about how long you do it, it's all about doing it every day. Walk through the four areas with them. Praise seems to be the hardest for most people.
 - LJM Prayer Formula: Praise God, Thank God, Tell God You're Sorry, Ask God

Close in prayer. Utilize the prayer formula with them