



LIVE JESUS MINISTRIES

LJM CONFIRMATION KIT (CK4)

The Gifts & Fruits

PRAY

Start with Lectio Divina utilizing Isaiah 11:1-4 and Galatians 5:19-25.

CONNECT

Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)
- What's something you want us to **pray for** today? (Write down intentions to pray for at the end)

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

DISCUSS

Content References

- **Isaiah 11:1-4** - The gifts of the Spirit: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.
 - **Galatians 5:19-25** - The fruits of the Spirit: charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity.
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Discussion Questions

Q1: Does anyone know any of the gifts and fruits of the Holy Spirit? What do you think is the difference between a *gift* of the Holy Spirit and a *fruit* of the Holy Spirit?

- How can you put the gifts to use in your life?
 - Have you ever seen a fruit of the Holy Spirit come about as a result of one of your actions? If so, what was it?
 *Mentor Tip:* Gifts are meant to be put to use, not stored away. Fruits are not necessarily what we deliberately do; they are the results of our actions that indicate whether we are acting under the guidance and inspiration of the Holy Spirit.
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Q2: What difference do the gifts and the fruits of the Holy Spirit make in our lives?

- Would your life look different if you believed God was equipping you with His gifts to live the Christian life instead of relying solely on your own strength?
 *Mentor Tip:* Remember that you do not always *feel* the gifts working. Faith means trusting that God is at work and responds to our prayers when we ask for these gifts. Use the "wind in the sails" Catholic analogy. When we rely on our own strength, it is like us rowing the boat. When the gifts are at work, it is like the wind in our sails moving us along.
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Q3: What should we do when we don't see the gifts or the fruits of the Holy Spirit active in our lives?

- Do you think there is anything blocking you from getting these Gifts and Fruits of the Holy Spirit right now?
 *Mentor Tip:* The Gifts and Fruits are connected to the rest of the Christian life. When these are absent, what part(s) of your spiritual life needs attention: Prayer? Sacraments? Serving others? Avoiding sin? etc.
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Q4: Which gift(s) of the Holy Spirit do you specifically want to ask for right now?

- Why did you choose to ask for that gift?
 *Mentor Tip:* Make sure to have a basic definition of each Gift of the Holy Spirit ahead of time. Remember that "fear of the Lord" is a biblical phrase for wonder, awe, and honor towards God, **not** the emotion of fear.
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Cornerstone Statement

In the sacrament of Confirmation, God gives us distinct gifts that allow us to grow in our personal relationship with Him, and fruits to help us see how we are becoming more like Christ in our daily lives.

COMMIT

- **Memorize** the Gifts and Fruits of the Holy Spirit (build-in accountability to this commit). Give each person this sheet to take home. Pay attention to when you notice the gifts and fruits active in your life this week.

Close in prayer. (Pray for the intentions spoken earlier. Have each person pray for the person next to them, etc)