



LIVE JESUS MINISTRIES

LJM CONFIRMATION KIT (CK3) The Sacrament of Confirmation Part 2

PRAY

Start by utilizing the **PRAY** step of your mentor training.

CONNECT

Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)
- What's something you want us to **pray for** today? (Write down intentions to pray for at the end)

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

DISCUSS

Content References

- **CCC 1303** - Confirmation **1) affirms** our identity as children of God, **2) unites** us more firmly to Christ, **3) increases** the gifts of the Holy Spirit in us, **4) strengthens** our bond with the Church, and **5) strengthens** us to spread and defend the faith.
 - **Matt 28:16-20** - The Great Commission
 - **CCC 2447** - *The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities.*
 - **Mark 16:15** - *He said to them, "Go into the whole world and proclaim the gospel to every creature."*
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Discussion Questions

Q1: What are the visible elements, signs, and symbols of the sacrament of Confirmation?

- What invisible realities do these signs and symbols help make visible for us? (refer to hug imagery)
 *Mentor Tip:* The elements of Confirmation include the imposition of hands, the anointing with Sacred Chrism, and the words of the sacramental formula: "Be sealed with the gift of the Holy Spirit." The invisible reality is the pouring out of special graces that **affirm, unite, increase, and strengthen** our relationship with God.
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Q2: What do you think is the mission of the Catholic Church (Matt 28:16-20)?

- Do you see yourself associating more closely with the Church's mission after Confirmation?
 - What kind of mission do you think God is calling you specifically to live out?
 - Given your current state in life, how can you give witness to your faith through words and actions right now?
 *Mentor Tip:* Invite them to name one concrete way they could be a witness—in school, sports, with friends, or in family life. They all have a universal call to holiness, no matter their state in life. It's good to ongoingly discern how God is calling them to fulfill the Church's mission.
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Q3: Which works of mercy are you drawn to most? Which ones do you want to work on integrating into your life?

- **Corporal:** Feed the hungry, Give drink to the thirsty, Clothe the naked, Shelter the homeless, Visit the sick, Visit the imprisoned, Bury the dead.
 - **Spiritual:** Admonish the sinner, Instruct the ignorant, Counsel the doubtful, Comfort the sorrowful, Bear wrongs patiently, Forgive all injuries, Pray for the living and the dead.
 *Mentor Tip:* Help them see that the works of mercy can be lived out in a variety of ways and in a variety of settings (i.e. parent to child, within a home, peer to peer, within a school, etc.).
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Cornerstone Statement

Through the Sacrament of Confirmation, you will be given the special grace to go forth and further fulfill the Church's mission to make disciples of all nations by your words and actions. Your role is to continually call upon the Holy Spirit and respond to His grace when He pours it out upon you.

COMMIT

- Visualize your Confirmation Mass. Learn and memorize your responses for the liturgy.
- Practice with your group the sacramental formula/response (Ask your youth discipleship coordinator for it).

Close in prayer. (Pray for the intentions spoken earlier. Have each person pray for the person next to them, etc)