LIVE JESUS
MINISTRIES

LJM CONFIRMATION KIT (CK2)

The Sacrament of Confirmation Part 1

PRAY

Start by praying the following scripture passages (either NABRE or RSVCE translations): **Acts 1:4-12, 2:1-4, 8:14-17**

CONNECT

Check In: Peaks, Pits & Prayer Intentions

Go around the group and ask:

- *What's one **Peak** (high/victory) and one **Pit** (low/struggle) since we last met? (or a similar type question)*
- *What's something you want us to **pray for** today? (Write down intentions to pray for at the end)*

Encourage honesty and vulnerability. After everyone shares, affirm and thank them for sharing.

DISCUSS

Content References

- **Acts 19:5–6 –** "When they heard this, they were baptized in the name of the Lord Jesus. And when Paul laid his hands on them, the holy Spirit came upon them, and they spoke in tongues and prophesied."
- **2 Corinthians 1:21–22 –** "But the one who gives us security with you in Christ and who anointed us is God; he has also put his seal upon us and given the Spirit in our hearts as a first installment."
- **Ephesians 1:13 –** "In him you also, who have heard the word of truth, the gospel of your salvation, and have believed in him, were sealed with the promised holy Spirit."
- **CCC 1302-1305 –** Confirmation is a sacramental outpouring of the Holy Spirit that leaves a permanent imprint on the soul, fully initiates us a Christians, and empowers us to be witnesses to Christ.

Discussion Questions

Q1. How does everyone feel about receiving the Sacrament of Confirmation? (excited, nervous, unsure, etc.)

💡 *Mentor Tip:* Simply listen and create a space for honesty and vulnerability.

Q2. (Read Eph 1:13) What do you think it means to be "sealed with the Gift of the Holy Spirit"? Why is this a gift?

💡 *Mentor Tip:* The greatest gift we receive in Confirmation is a deeper relationship with God, as He confirms His presence and power within us. Confirmation **1) affirms** our identity as children of God, **2) unites** us more firmly to Christ, **3) increases** the gifts of the Holy Spirit in us, **4) strengthens** our bond with the Church, and **5) strengthens** us to spread and defend the faith. (Text this mentor tip to your small group afterwards).

Q3. How is Confirmation connected to Baptism? What are the similarities and differences between the two?

- Why do you think God gives us different graces at different stages of our lives? Why not all at the same time?

💡 *Mentor Tip:* CCC 1285 calls Confirmation the "special outpouring of the Holy Spirit" that completes baptismal grace. Like the Apostles, we already belong to Christ through baptism, but the Spirit comes in a new way to strengthen us when needed through confirmation.

Q4: Do you view Confirmation as a graduation from religious education, a cultural passage into maturity, the opportunity to choose whether or not to remain Catholic, or something else?

💡 *Mentor Tip:* Confirmation should not be viewed as the end goal, but a gift, not the end of a process but the beginning of a new life fully alive and activated in the Church. It's the beginning of what's now available to you.

Cornerstone Statement

Confirmation is not "graduation" from faith, but God's generous gift of Himself, inviting us into deeper discipleship. It affirms, unites, increases, and strengthens the Spirit's presence within you, equipping you for whatever mission God is calling you to.

COMMIT

- As a small group, commit to reading the **Acts of the Apostles** on your own before the next meeting.
- Hold one another accountable

Close in prayer. (Pray for the intentions spoken earlier. Have each person pray for the person next to them, etc)