

## Scriptural Prescriptions (SCRx's)

### Identity & Purpose

- **Psalm 139:14** – “I praise you Lord, for I am fearfully and wonderfully made.”
- **Matthew 5:13–16** – “You are the salt of the earth... You are the light of the world.”
- **John 15:5** – “Apart from Me you can do nothing.”

### Strength & Courage

- **Philippians 4:13** – “I can do all things in Him who strengthens me.”
- **2 Timothy 1:7** – “God did not give us a spirit of cowardice... but of power, love, and self-discipline.”
- **Luke 18:27** – “What is impossible for men is possible with God.”
- **Joshua 1:9** – “Be strong and courageous... the Lord your God is with you wherever you go.”
- **Romans 8:31** – “If God is for us, who is against us?”

### Peace & Rest

- **Philippians 4:4–7** – “Rejoice in the Lord always... the peace of God... will guard your hearts and minds.”
- **Psalm 62** – “My soul rests in God alone.”
- **Luke 12:22** – “Do not be anxious about your life... your Father knows.”
- **Matthew 6:30–33** – “Seek first the Kingdom... and do not worry about tomorrow.”
- **Matthew 11:28–30** – “Come to me... and I will give you rest.”

### Trust & Direction

- **Proverbs 3:5–6** – “Trust in the Lord with all your heart... and he will make your paths straight.”
- **Habakkuk 2:3** – “If it seems to tarry, wait for it... it will surely come.”
- **Lamentations 3:25–26** – “It is good to wait quietly for the salvation of the Lord.”
- **Jeremiah 29:11–14** – “I know the plans I have for you... plans for a future with hope... when you call upon me... you will find me.”
- **Matthew 7:7–8** – “Ask... search... knock... and the door will be opened.”

### Fear & Anxiety

- **Philippians 4:6** – “Have no anxiety about anything...”
- **John 14:1** – “Do not let your hearts be troubled.”
- **John 14:18** – “I will not leave you desolate. I will come to you.”

### Trials & Endurance

- **Romans 5:3–5** – “Suffering produces endurance... and hope does not disappoint us.”
- **2 Corinthians 12:9** – “My Grace is sufficient for you.”
- **2 Corinthians 12:9–10** – “For when I am weak, then I am strong.”
- **Romans 8:35–39** – Nothing can separate us from the love of Christ.
- **1 Thessalonians 5:16–18** – “Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”