

STARTER QUESTIONS FOR TEENS

- 1. What three words would you use to describe yourself?
- 2. Who is your personal hero? Why?
- 3. Top TV shows or YouTube videos you would recommend?
- 4. Biggest non-negotiable when wanting to date someone?
- 5. What's the best and worst part of your day at school? Why?
- 6. What do you look forward to most each day?
- 7. What's something you wish adults understood about what it's like to be a teenager today?
- 8. Rate your day on a scale of 1-10; 1 being awful and 10 being the best day ever.
- 9. Describe your perfect meal.
- 10. What is your favorite outdoor activity?
- 11. What do you think makes your generation unique?
- 12. What four items would you bring with you to a deserted island? Why?
- 13. What is the worst food in the world?
- 14. If someone were to make a movie about your life right now, what would you call it?
- 15. What would you like to accomplish in sports, music, or extracurriculars this semester?
- 16. Tell me about an achievement that you are most proud of.
- 17. When you are stressed, what is your go to activity? (good or bad)
- 18. Who is someone you would want to model your life after?
- 19. If you could go on a road trip with your friends, where would you go?
- 20. If you could outlaw one thing in school, what would it be?
- 21. What's a career that doesn't exist that you think should? Would you want that job?
- 22. If you had one year to spend one million dollars, how would you spend it?
- 23. If you could switch places with any person, real or fictional for a day, who would it be?
- 24. What makes a good friend?

GOING DEEPER QUESTIONS

- 1. Do you believe in God?
- 2. Do you believe your life has purpose or meaning? What is it?
- 3. On a scale of 1-10, how would you rate your relationship with God right now?
- 4. What would it take for your relationship with God to improve right now?



- 5. What is the thing you find yourself worrying about most often?
- 6. What is the biggest misconception people have about you?
- 7. What's one thing about faith that's most important or valuable to you?
- 8. If you could ask God anything, what would it be?
- 9. If you could re-do anything in your past, what would it be?
- 10. What is something you don't understand about God that you've never received a good answer to?
- 11. What is the most challenging part of your life right now?
- 12. How's your mental health?
- 13. What do you want to be known for at the end of your life?
- 14. What do you find yourself praying about more than anything else?
- 15. What is the most hurtful thing someone has ever said to you? How did you handle it?
- 16. What is your biggest fear in life?
- 17. Ten years from now, where do you want your life to be?
- 18. Are you happy right now or do you feel like you have to fake it all the time?
- 19. What's one thing you would change about the church if you were in charge?
- 20. Is there someone in your life that you are unwilling to forgive? If so, why?
- 21. What is the best advice someone has ever given you?
- 22. What three words would you use to describe your relationship with God?
- 23. What three words would you use to describe your relationship with the Catholic Church?
- 24. What are the top three reasons you choose to remain Catholic?
- 25. What is the main reason you're continuing to remain faithful in your relationship with God?
- 26. Do you believe that God still works miracles today?
- 27. How do you grow an intimate relationship with God? Do you have one? Is it worth it?
- 28. Do you think God wants the Catholic Church to exist?
- 29. How do you love something that you don't like?
- 30. How would you define a disciple of Jesus? What does a disciple do?