

TESTIMONY WORKSHEET

“Always be ready to give an explanation to anyone who asks you for a reason for your hope, but do it with gentleness and reverence, keeping your conscience clear, so that, when you are maligned, those who defame your good conduct in Christ may themselves be put to shame.”
1 Peter 3:15-16

Goal: Prepare a three minute testimony that you can share with others.

Instructions: Take some time to reflect on the different sections listed below, pulling from authentic encounters you have had with God. It does not need to be all buttoned up or a huge encounter, some testimonies are a work in process and simple moments. Sharing these is a way to share our joy and love for God with the world. Always be ready!

60 seconds: What was my life like before my encounter with Jesus?

60 seconds: Share the encounter with Jesus.

45 seconds: How my life has changed after the encounter with Jesus.

15 seconds: Invitation or challenge to follow Jesus.



LIVE JESUS MINISTRIES

Elements of a Good Testimony

When telling your story, keep these important elements in mind:

CONCRETENESS: The audience is given “handles” to the testimony. Experiences, places, and persons are described accurately and unambiguously, yet without obsession over detail. The turning point (how one came to know Jesus Christ) is identifiable and specific, even if it is just one of many turning points. The person giving the testimony comes across as real and ordinary.

ACCESSIBILITY: The experiences are described in such a way that the audience can relate to or understand them. The language chosen is free from religious terms and dense terminology that could separate the speaker from the audience, like “tabernacle,” or “Eucharistic adoration.”

SIMPLICITY: The “plot” or “thread” of the testimony is clear and easy to follow, without confusing tangents and elaborate details. Jesus Christ is at the center of this testimony. He is its hinge.

STRUCTURE: There is one overarching theme or analogy. Every point of the testimony should in some way be related to this single theme.

PRACTICE: Fill out the Testimony Worksheet above to develop your story. After you write your testimony out, share it with others.

CONCLUSION: Testimonies are crucial, not only for telling others about God, but also for reminding yourself of what the Lord has done in your own life. Memorizing your testimony and being able to share it with others will reaffirm your own experience and provide an easy way to introduce others to Christ.